

10 Meilen Laufen

22.08.2004

Rangliste

| Rg | Name und Vorname | Jahr | | Zeit | Abstand |
|--|-----------------------------|------|------------------|------------|----------|
| 10 Meilen Running / M20 / 1975 und jünger / 16.09km, 180mHD | | | | | |
| 1 | Frei Max | 77 | D-791 Freiburg | 53:55.30 | |
| 2 | Lombriser Stefan | 85 | 4227 Büsserach | 1h01:37.5€ | 7:42.26 |
| 3 | Abraham Philippe, Art Düsse | 76 | D-452 Essen | 1h01:42.0€ | 7:46.78 |
| 4 | Zumbrunn Thomas | 76 | 4448 Läfelfingen | 1h02:10.0€ | 8:14.70 |
| 5 | Hohl Thomas | 86 | 4123 Allschwil | 1h04:52.14 | 10:56.84 |
| 6 | Wolfer Cedric | 75 | F-685 Mooslargue | 1h06:10.2€ | 12:14.95 |
| 7 | Bee Alessandro | 75 | 4056 Basel | 1h08:18.41 | 14:23.11 |
| 8 | Akeret Eric | 76 | 4106 Therwil | 1h09:14.6€ | 15:19.39 |
| 9 | Ifrid Simon | 80 | 4242 Laufen | 1h12:52.4€ | 18:57.16 |
| 10 | Schuler Manuel | 84 | 4227 Büsserach | 1h15:09.24 | 21:13.94 |
| 11 | Abou-Ras Daniel | 75 | 8004 Zürich | 1h18:54.71 | 24:59.41 |
| 12 | Colaras Yan | 76 | F-741 Ambilly | 1h20:03.12 | 26:07.82 |
| 13 | Wenger Michel | 75 | 4153 Reinach BL | 1h25:04.1€ | 31:08.80 |
| 14 | Lutz Christian | 80 | 4226 Breitenbach | 1h26:23.6€ | 32:28.38 |
| 15 | Schacher Christian | 76 | 4144 Arlesheim | 1h32:02.2€ | 38:06.99 |

10 Meilen Running / M30 / 1965-1974 / 16.09km, 180mHD

| | | | | | |
|----|------------------|----|-------------------|------------|----------|
| 1 | Gullon Jean-Luc | 69 | F-687 Zillisheim | 54:14.00 | |
| 2 | Hofmann Markus | 73 | 4324 Obermumpf | 55:22.72 | 1:08.72 |
| 3 | Ruf Remo | 74 | 4242 Laufen | 56:32.61 | 2:18.61 |
| 4 | Zumsteg Raphael | 72 | 4147 Aesch | 59:19.39 | 5:05.39 |
| 5 | Zosso Heinz | 65 | 4704 Niederbipp | 1h02:19.27 | 8:05.27 |
| 6 | Rey Eric | 71 | F-684 Bettlach | 1h04:16.71 | 10:02.71 |
| 7 | Kottmann Michel | 67 | 4246 Wahlen | 1h07:41.8€ | 13:27.88 |
| 8 | Stapf Fabian | 74 | 4226 Breitenbach | 1h07:48.3€ | 13:34.39 |
| 9 | Schoch Beat | 66 | 4125 Riehen | 1h08:26.5€ | 14:12.56 |
| 10 | Marti Thomas | 73 | 4411 Seltisberg | 1h08:36.2€ | 14:22.29 |
| 11 | Omlin Martin | 69 | 4222 Zwingen | 1h08:46.4€ | 14:32.45 |
| 12 | Hügli Philippe | 73 | 4242 Laufen | 1h08:59.52 | 14:45.52 |
| 13 | Kipfer Daniel | 67 | 4413 Büren | 1h09:18.14 | 15:04.14 |
| 14 | Castaldo Michele | 68 | 4054 Basel | 1h09:21.84 | 15:07.84 |
| 15 | Rentsch Jun. Max | 67 | 4460 Gelterkinder | 1h10:12.84 | 15:58.84 |
| 16 | Linder Ueli | 65 | 4244 Röschenz | 1h10:16.8€ | 16:02.89 |
| 17 | Pohl Thomas | 66 | 4057 Basel | 1h10:28.6€ | 16:14.60 |
| 18 | Lobert Thorsten | 69 | D-795 Lörrach | 1h10:38.61 | 16:24.61 |
| 19 | Pekarek Jan | 70 | 8156 Oberhasli | 1h10:45.2€ | 16:31.29 |

22.08.2004

Rangliste

| Rg | Name und Vorname | Jahr | | Zeit | Abstand |
|----|---------------------|------|------------------|------------|------------|
| 20 | Lüthi Marcel | 65 | 5316 Gippingen | 1h10:51.35 | 16:37.35 |
| 21 | Dübendorfer Nik | 72 | 6003 Luzern | 1h11:26.70 | 17:12.70 |
| 22 | Mutuku Moses | 68 | 4058 Basel | 1h12:12.83 | 17:58.83 |
| 23 | Vögtli Paul | 65 | 4413 Büren SO | 1h12:50.85 | 18:36.85 |
| 24 | Arnold Mario | 65 | 4125 Riehen | 1h13:20.89 | 19:06.89 |
| 25 | Hunter Scott | 74 | 4106 Therwil | 1h13:40.72 | 19:26.72 |
| 26 | Stebler Markus | 70 | 4242 Laufen | 1h13:47.55 | 19:33.55 |
| 27 | Eberwein Toni | 68 | 4203 Grellingen | 1h13:57.00 | 19:43.00 |
| 28 | Felix Simon | 68 | 4242 Laufen | 1h14:03.10 | 19:49.10 |
| 29 | Schnell Matthias | 68 | 4233 Meltingen | 1h14:08.30 | 19:54.30 |
| 30 | Biedert David | 68 | 4133 Pratteln | 1h14:14.36 | 20:00.36 |
| 31 | Krischker Uwe | 66 | 4053 Basel | 1h14:34.72 | 20:20.72 |
| 32 | Gerber Thomas | 66 | 4402 Frenkendorf | 1h14:37.26 | 20:23.26 |
| 33 | Berchten Urs | 66 | 4133 Pratteln | 1h14:40.15 | 20:26.15 |
| 34 | Richards Morgan | 71 | 4053 Basel | 1h14:56.13 | 20:42.13 |
| 35 | Frei Patrick | 72 | 4127 Birsfelden | 1h16:34.72 | 22:20.72 |
| 36 | Holzinger Sandro | 68 | 7220 Schiers | 1h17:12.46 | 22:58.46 |
| 37 | Buchmüller Lukas | 69 | 4127 Birsfelden | 1h18:26.11 | 24:12.11 |
| 38 | Wiggli Stephan | 69 | 4144 Arlesheim | 1h18:29.24 | 24:15.24 |
| 39 | Nötzli Christoph | 72 | 2814 Roggenburg | 1h19:50.44 | 25:36.44 |
| 40 | Schelbli Hans-Peter | 67 | 3012 Bern | 1h20:19.19 | 26:05.19 |
| 41 | Bralig Jack | 72 | 4223 Blauen | 1h21:01.58 | 26:47.58 |
| 42 | Kallweit Matthias | 67 | 4410 Liestal | 1h21:21.14 | 27:07.14 |
| 43 | Meier Rolf | 67 | 4226 Breitenbach | 1h22:58.71 | 28:44.71 |
| 44 | Schaub Markus | 69 | 4226 Breitenbach | 1h23:54.67 | 29:40.67 |
| 45 | Guzzetta Franco | 70 | 4123 Allschwil | 1h24:13.75 | 29:59.75 |
| 46 | Meury Bruno | 70 | 4223 Blauen | 1h24:26.11 | 30:12.11 |
| 47 | van Reijn Adrian | 68 | 4053 Basel | 1h25:44.12 | 31:30.12 |
| 48 | Schweizer Philipp | 72 | 4424 Arboldswil | 1h26:26.60 | 32:12.60 |
| 49 | Wey Marc | 68 | 4153 Reinach BL | 1h28:18.97 | 34:04.97 |
| 50 | Wüthrich Thomas | 67 | 4147 Aesch | 1h30:47.05 | 36:33.05 |
| 51 | Hofer Andreas | 68 | 4222 Zwingen | 1h31:50.12 | 37:36.12 |
| 52 | Lorenz Ralf | 65 | 4125 Riehen | 1h32:14.54 | 38:00.54 |
| 53 | Good Stefan | 66 | 4127 Birsfelden | 1h32:16.92 | 38:02.92 |
| 54 | Hetzer Mark | 65 | 4125 Riehen | 1h33:10.64 | 38:56.64 |
| 55 | Latscha Christian | 68 | 4146 Hochwald | 1h37:47.56 | 43:33.56 |
| 56 | Widmann Pascal | 73 | 4058 Basel | 1h37:48.69 | 43:34.69 |
| 57 | Schüpbach Christian | 73 | 4144 Arlesheim | 1h38:11.52 | 43:57.52 |
| 58 | Wunderlin Christian | 68 | 4234 Zullwil | 1h39:38.69 | 45:24.69 |
| 59 | Rockenbach Michael | 73 | 4106 Therwil | 2h00:21.42 | 1h06:07.42 |

10 Meilen Running / M40 / 1955-1964 / 16.09km, 180mHD

| | | | | | |
|---|----------------|----|----------------|------------|---------|
| 1 | Preibisch Ralf | 62 | D-125 Berlin | 56:30.60 | |
| 2 | Schnyder Felix | 58 | 4234 Zullwil | 57:38.37 | 1:07.77 |
| 3 | Imhof Beat | 56 | 4123 Allschwil | 1h02:30.22 | 5:59.62 |

22.08.2004

Rangliste

| Rg | Name und Vorname | Jahr | | Zeit | Abstand |
|----|------------------------|------|------------------|------------|----------|
| 4 | Zenklusen Daniel | 60 | 4123 Allschwil | 1h02:55.47 | 6:24.87 |
| 5 | Zumstein Walter | 61 | 4402 Frenkendorf | 1h03:54.38 | 7:23.78 |
| 6 | Mutter Stefan | 56 | 4229 Beinwil | 1h04:06.88 | 7:36.28 |
| 7 | Fuchs Armin | 56 | 4132 Muttenz | 1h04:21.64 | 7:51.04 |
| 8 | Kindbeiter René | 60 | F-685 Jungholtz | 1h05:18.94 | 8:48.34 |
| 9 | Gottofrey Robert | 55 | 4402 Frenkendorf | 1h05:59.02 | 9:28.42 |
| 10 | Voegtli Fritz | 61 | 4147 Dornach | 1h06:19.70 | 9:49.10 |
| 11 | Hoffmann Markus | 64 | 4106 Therwil | 1h07:44.92 | 11:14.32 |
| 12 | Drai Said | 61 | 4133 Pratteln | 1h08:47.28 | 12:16.68 |
| 13 | Cirronis Pier | 63 | 4125 Riehen | 1h08:57.41 | 12:26.81 |
| 14 | Malzach Andreas | 56 | 4242 Laufen | 1h09:01.99 | 12:31.39 |
| 15 | Helfrick John | 61 | 4054 Basel | 1h09:34.05 | 13:03.45 |
| 16 | de Bever Laurens | 63 | 4202 Duggingen | 1h09:37.73 | 13:07.13 |
| 17 | Mosimann Dieter | 60 | 4247 Grindel | 1h10:22.24 | 13:51.64 |
| 18 | Scholer Daniel | 59 | 4242 Laufen | 1h10:27.62 | 13:57.02 |
| 19 | Schmidlin Marcel | 62 | 4132 Muttenz | 1h10:44.28 | 14:13.68 |
| 20 | Fallegger Peter | 59 | 4107 Ettingen | 1h10:53.18 | 14:22.58 |
| 21 | Erb-Tanner Jürg | 58 | 4054 Basel | 1h10:58.98 | 14:28.38 |
| 22 | Buser Roman | 58 | 4133 Pratteln | 1h11:39.35 | 15:08.75 |
| 23 | Hilger Markus | 64 | 5210 Windisch | 1h12:09.22 | 15:38.62 |
| 24 | Tschudi Rolf | 58 | 4314 Zeiningen | 1h13:01.70 | 16:31.10 |
| 25 | Leimgruber Peter | 55 | 5027 Herznach | 1h13:05.63 | 16:35.03 |
| 26 | Schmidhalter Christian | 55 | 4244 Röschenz | 1h13:13.74 | 16:43.14 |
| 27 | Bönzli Marc | 63 | 4112 Flüh | 1h13:15.96 | 16:45.36 |
| 28 | Scherrer Stefan | 62 | 4222 Zwingen | 1h13:41.98 | 17:11.38 |
| 29 | von Arx Theo | 64 | 4614 Hägendorf | 1h13:49.92 | 17:19.32 |
| 30 | Zbinden Felix | 60 | 4153 Reinach BL | 1h14:50.12 | 18:19.52 |
| 31 | Stebler Martin | 64 | 4227 Büsserach | 1h14:59.24 | 18:28.64 |
| 32 | Doebelin Maurice | 57 | F-686 Muespach | 1h15:32.88 | 19:02.28 |
| 33 | Parrat Jean | 58 | 2800 Delémont | 1h15:38.56 | 19:07.96 |
| 34 | Bader Felix | 55 | 4132 Muttenz | 1h15:49.56 | 19:18.96 |
| 35 | Stieger Martin | 60 | 4125 Riehen | 1h16:04.95 | 19:34.35 |
| 36 | Lutz Alfred | 62 | 4246 Wahlen | 1h16:16.13 | 19:45.53 |
| 37 | Geesing Olav | 63 | 6374 Buochs | 1h16:33.70 | 20:03.10 |
| 38 | Christen Hansruedi | 61 | 4402 Frenkendorf | 1h16:48.78 | 20:18.18 |
| 39 | Schneider Ruedi | 58 | 4452 Itingen | 1h17:03.64 | 20:33.04 |
| 40 | Ryter Christian | 63 | 4055 Basel | 1h17:44.81 | 21:14.21 |
| 41 | Schabmann Klaus | 61 | 6034 Inwil | 1h17:51.48 | 21:20.88 |
| 42 | Blaser Thomas | 56 | 4059 Basel | 1h17:52.41 | 21:21.81 |
| 43 | Ruess Juan-Antonio | 60 | 4125 Riehen | 1h18:35.12 | 22:04.52 |
| 44 | Glaser Rolf | 56 | 4103 Bottmingen | 1h18:57.54 | 22:26.94 |
| 45 | Yildiz Ali | 62 | 4133 Pratteln | 1h19:00.62 | 22:30.02 |
| 46 | Bossart Felix | 62 | 4222 Zwingen | 1h19:02.23 | 22:31.63 |
| 47 | Laffer Urs | 59 | 4702 Oensingen | 1h19:03.27 | 22:32.67 |
| 48 | Röhrli Gerhard | 56 | 4227 Büsserach | 1h19:33.73 | 23:03.13 |
| 49 | Räth Ueli | 59 | 4310 Rheinfelden | 1h19:52.13 | 23:21.53 |

22.08.2004

Rangliste

| Rg | Name und Vorname | Jahr | | Zeit | Abstand |
|----|----------------------|------|-------------------|------------|----------|
| 50 | Löffel Peter | 56 | 4414 Fuellinsdorf | 1h20:21.54 | 23:50.94 |
| 51 | Vogt Thomas | 59 | 4059 Basel | 1h21:28.83 | 24:58.23 |
| 52 | Stebler Markus° | 59 | 4147 Aesch | 1h21:55.51 | 25:24.91 |
| 53 | Metzger Urs | 58 | 4105 Biel Benken | 1h21:58.56 | 25:27.96 |
| 54 | Nothofer Kalle | 64 | 4442 Diepflingen | 1h22:19.67 | 25:49.07 |
| 55 | Marlof Thomas | 64 | 4226 Breitenbach | 1h23:41.27 | 27:10.67 |
| 56 | Keller Roland | 55 | 4222 Laufen | 1h23:53.53 | 27:22.93 |
| 57 | Lopez Francisco | 59 | F-684 Levoncourt | 1h24:34.93 | 28:04.33 |
| 58 | Meyer Franz | 62 | 4203 Grellingen | 1h24:42.51 | 28:11.91 |
| 59 | Pabst Stephan | 57 | 4203 Grellingen | 1h24:43.43 | 28:12.83 |
| 60 | Weber Martin | 56 | 4125 Riehen | 1h24:53.87 | 28:23.27 |
| 61 | Jegge Marcel | 64 | 4332 Stein AG | 1h25:07.13 | 28:36.53 |
| 62 | Emmenegger Michel | 59 | 4106 Therwil | 1h25:31.61 | 29:01.01 |
| 63 | Schärli Manfred | 64 | 4410 Liestal | 1h25:51.26 | 29:20.66 |
| 64 | Tourneur Stéphane | 56 | 4127 Birsfelden | 1h26:24.38 | 29:53.78 |
| 65 | Krickhaus Hans Peter | 64 | 4153 Reinach | 1h26:27.54 | 29:56.94 |
| 66 | Mayr Werner | 64 | 4243 Dittingen | 1h27:14.97 | 30:44.37 |
| 67 | Kaufmann Markus | 57 | 9496 Balzers | 1h27:15.95 | 30:45.35 |
| 68 | Bellotti Yvan | 64 | 4452 Itingen | 1h27:31.77 | 31:01.17 |
| 69 | Flückiger Urs | 56 | 4054 Basel | 1h27:51.44 | 31:20.84 |
| 70 | Wyss Karl | 59 | 4226 Breitenbach | 1h27:54.02 | 31:23.42 |
| 71 | Wyss Claudio | 57 | 4410 Liestal | 1h28:48.30 | 32:17.70 |
| 72 | Mahler Harald | 62 | D-794 Kandern | 1h29:36.42 | 33:05.82 |
| 73 | Lyssy Peter | 56 | 4054 Basel | 1h30:04.14 | 33:33.54 |
| 74 | Pauli Roland | 63 | 4203 Grellingen | 1h30:38.77 | 34:08.17 |
| 75 | Aeschbach Urs | 58 | 4125 Riehen | 1h31:18.45 | 34:47.85 |
| 76 | Flückiger Roland | 64 | 4450 Sissach | 1h32:13.13 | 35:42.53 |
| 77 | Stich Harald | 61 | 4226 Breitenbach | 1h33:54.15 | 37:23.55 |
| 78 | Cairoli Lorenz | 62 | 4132 MuttENZ | 1h35:02.35 | 38:31.75 |
| 79 | Stijlen Robert | 64 | 4112 Bättwil | 1h35:52.84 | 39:22.24 |
| 80 | Rüegger Markus | 61 | 4304 Giebenach | 1h35:58.76 | 39:28.16 |
| 81 | Vollmann Uwe | 60 | D-768 Waldshut | 1h40:57.96 | 44:27.36 |
| 82 | Leuenberger Jürg | 62 | 4242 Laufen | 1h44:52.86 | 48:22.26 |
| 83 | Zeman Paul | 55 | 4051 Basel | 1h46:23.02 | 49:52.42 |
| 84 | Schneider Urs | 56 | 4054 Basel | 1h46:38.48 | 50:07.88 |

10 Meilen Running / M50 / 1945-1954 / 16.09km, 180mHD

| | | | | | |
|---|--------------------|----|-----------------|------------|---------|
| 1 | Gysin Felix | 49 | 4415 Lausen | 1h03:38.88 | |
| 2 | Bacher Sigi | 47 | 4132 MuttENZ | 1h06:56.98 | 3:18.10 |
| 3 | Hofer Hans | 54 | 7243 Pany | 1h07:05.85 | 3:26.97 |
| 4 | Haberthür Mario | 50 | D-642 Darmstadt | 1h10:50.37 | 7:11.49 |
| 5 | Hänggi Heinz | 51 | 4208 Nunningen | 1h11:34.07 | 7:55.19 |
| 6 | Eggenschwiler Beat | 46 | 4719 Ramiswil | 1h13:08.16 | 9:29.28 |
| 7 | Ohme Rudi | 51 | 4455 Zunzgen | 1h13:09.49 | 9:30.61 |
| 8 | Hügli Werner | 47 | 4242 Laufen | 1h13:24.84 | 9:45.96 |

22.08.2004

Rangliste

| Rg | Name und Vorname | Jahr | | Zeit | Abstand |
|----|------------------|------|-------------------|------------|----------|
| 9 | Hügli Marcel | 54 | 4225 Brislach | 1h14:06.01 | 10:27.13 |
| 10 | Zwicky Kaspar | 51 | 4053 Basel | 1h15:46.55 | 12:07.67 |
| 11 | Soguel Andre | 54 | 4127 Birsfelden | 1h15:50.88 | 12:12.00 |
| 12 | Borer Alfons | 54 | 4247 Grindel | 1h16:11.11 | 12:32.23 |
| 13 | Meyer Heinz | 48 | 4242 Laufen | 1h16:36.68 | 12:57.80 |
| 14 | Liechti Romain | 51 | 4426 Lauwil | 1h16:38.34 | 12:59.46 |
| 15 | Gorman Terrz | 51 | 4103 Bottmingen | 1h17:25.11 | 13:46.23 |
| 16 | Birri Hanspeter | 50 | 4133 Pratteln | 1h17:27.91 | 13:49.03 |
| 17 | Gass Ernst | 51 | 4058 Basel | 1h18:00.82 | 14:21.94 |
| 18 | Schmid Christian | 54 | 6110 Wolhusen | 1h18:28.27 | 14:49.39 |
| 19 | Franchi Piero | 52 | 4242 Laufen | 1h18:32.39 | 14:53.51 |
| 20 | Bitterlin Walter | 49 | 4226 Breitenbach | 1h19:53.21 | 16:14.33 |
| 21 | Maurer Beat | 49 | 4153 Reinach BL | 1h20:13.80 | 16:34.92 |
| 22 | Portmann Franz | 46 | 4147 Aesch BL | 1h21:41.93 | 18:03.05 |
| 23 | Zungerle Duri | 50 | 4203 Grellingen | 1h21:43.64 | 18:04.76 |
| 24 | Knauber Reinhold | 49 | 4059 Basel | 1h22:23.99 | 18:45.11 |
| 25 | Schacher Urs | 52 | 4226 Breitenbach | 1h23:00.89 | 19:22.01 |
| 26 | Lorent Heinz | 48 | 4058 Basel | 1h26:06.51 | 22:27.63 |
| 27 | Jeger Toni | 50 | 4143 Dornach | 1h26:28.27 | 22:49.39 |
| 28 | Lang Peter | 45 | 4133 Pratteln | 1h26:31.35 | 22:52.47 |
| 29 | Schneider Markus | 48 | 4059 Basel | 1h26:52.83 | 23:13.95 |
| 30 | Plüss Hansjörg | 54 | 4226 Breitenbach | 1h27:19.11 | 23:40.23 |
| 31 | Szirt Gabor | 49 | 4052 Basel | 1h27:37.59 | 23:58.71 |
| 32 | Schmid Rene | 53 | 4202 Duggingen | 1h29:15.15 | 25:36.27 |
| 33 | Wiesner René | 45 | 4058 Basel | 1h29:41.66 | 26:02.78 |
| 34 | Allemann Gerold | 54 | 4252 Bärschwil | 1h30:48.21 | 27:09.33 |
| 35 | Flury Urs | 45 | 4054 Basel | 1h32:01.07 | 28:22.19 |
| 36 | Wettstein Walter | 51 | 5210 Windisch | 1h34:35.44 | 30:56.56 |
| 37 | Engesser Hans | 45 | 4451 Wintersingen | 1h35:37.46 | 31:58.58 |
| 38 | Habib Charles | 49 | 4055 Basel | 1h41:00.47 | 37:21.59 |
| 39 | Hartmann Walter | 54 | 4125 Riehen | 1h50:17.34 | 46:38.46 |
| 40 | Détraz Gérard | 54 | 4055 Basel | 1h53:48.93 | 50:10.05 |

10 Meilen Running / M60 / bis 1944 / 16.09km, 180mHD

| | | | | | |
|----|------------------|----|-------------------|------------|----------|
| 1 | Schüep Willy | 40 | 4127 Birsfelden | 1h15:36.12 | |
| 2 | Mathys Reinhold | 40 | 4132 Muttenz | 1h18:02.53 | 2:26.41 |
| 3 | Wunderlin Hans | 37 | 4226 Breitenbach | 1h18:53.80 | 3:17.68 |
| 4 | Burda Franz | 41 | D-795 Weil 5 | 1h20:43.24 | 5:07.12 |
| 5 | Lutgen Alexander | 42 | 4123 Allschwil | 1h21:13.45 | 5:37.33 |
| 6 | Jentzen Reinhold | 42 | 4054 Basel | 1h21:32.22 | 5:56.10 |
| 7 | Vollmar Eduard | 35 | 4102 Binningen | 1h22:10.02 | 6:33.90 |
| 8 | Guggisberg Ruedi | 43 | 4104 Oberwil BL | 1h23:33.51 | 7:57.39 |
| 9 | Kriebel Jörg | 38 | 8135 Zollikerberg | 1h24:39.82 | 9:03.70 |
| 10 | Meier Herbert | 44 | 4242 Laufen | 1h26:25.60 | 10:49.48 |
| 11 | Thalmann Cornel | 35 | 4226 Breitenbach | 1h27:32.99 | 11:56.87 |

22.08.2004

Rangliste

| Rg | Name und Vorname | Jahr | | Zeit | Abstand |
|----|-------------------|------|-----------------|------------|----------|
| 12 | Lässer Karlheinz | 37 | 4125 Riehen | 1h30:41.14 | 15:05.02 |
| 13 | Studhalter Franz | 44 | 4104 Oberwil BL | 1h30:52.08 | 15:15.96 |
| 14 | Lachat Charles | 44 | 2822 Courroux | 1h32:22.32 | 16:46.20 |
| 15 | Cacky Manfred | 43 | 4053 Basel | 1h32:43.81 | 17:07.69 |
| 16 | Schneider Hans E. | 44 | 4147 Aesch | 1h37:27.09 | 21:50.97 |
| 17 | Lüthi Hans-Jürg | 44 | 8046 Zürich | 1h45:05.17 | 29:29.05 |

10 Meilen Running / W20 / 1975 und jünger / 16.09km, 180mHD

| | | | | | |
|---|----------------------|----|------------------|------------|----------|
| 1 | Pliska Maja | 78 | 4054 Basel | 1h03:34.84 | |
| 2 | Müller-Yegezu Tsehay | 79 | 4056 Basel | 1h04:56.57 | 1:21.73 |
| 3 | Tschumi Barbara | 77 | 5063 Wölflinswil | 1h11:50.52 | 8:15.68 |
| 4 | Strohmeier Daniela | 80 | 4227 Büsserach | 1h17:14.80 | 13:39.96 |
| 5 | Bosshart Sarah | 75 | 4450 Sissach | 1h26:40.74 | 23:05.90 |
| 6 | Flury Nicole | 75 | 4054 Basel | 1h32:00.32 | 28:25.48 |
| 7 | Häfeli Julia | 79 | 4452 Basel | 1h33:17.56 | 29:42.72 |
| 8 | Vallejo Corinne | 71 | 4102 Binningen | 1h34:10.80 | 30:35.96 |

10 Meilen Running / W30 / 1965-1974 / 16.09km, 180mHD

| | | | | | |
|----|-----------------------------|----|------------------|------------|----------|
| 1 | Da Silva Sauter Edibane Mar | 67 | 4052 Basel | 1h08:22.55 | |
| 2 | Kurt Anita | 65 | 4052 Basel | 1h13:21.95 | 4:59.40 |
| 3 | Neyerlin Doris | 73 | 4242 Laufen | 1h14:30.75 | 6:08.20 |
| 4 | Ledermann Claudia | 71 | 4108 Witterswil | 1h20:33.97 | 12:11.42 |
| 5 | Strub Patricia | 71 | 4622 Egerkingen | 1h22:35.37 | 14:12.82 |
| 6 | Moser Barbara | 74 | 4148 Pfeffingen | 1h26:11.75 | 17:49.20 |
| 7 | Krämer Monika | 69 | 4107 Ettingen | 1h26:53.98 | 18:31.43 |
| 8 | Hofer Claudia | 73 | 4227 Büsserach | 1h27:35.86 | 19:13.31 |
| 9 | Heiri-Brodbeck Ursi | 65 | 4455 Zuzgen | 1h28:12.47 | 19:49.92 |
| 10 | Omlin-Thalmann Cornelia | 72 | 4222 Zwingen | 1h28:17.12 | 19:54.57 |
| 11 | Duerr Petra | 67 | 4226 Breitenbach | 1h30:39.93 | 22:17.38 |
| 12 | Arnet Kathrin | 70 | 4056 Basel | 1h36:08.70 | 27:46.15 |
| 13 | Blanchard Nicole | 71 | 4144 Arlesheim | 1h36:13.80 | 27:51.25 |
| 14 | Vogel Christina | 68 | 4106 Therwil | 1h37:06.84 | 28:44.29 |
| 15 | Oehler Daniela | 66 | 4153 Reinach BL | 1h38:54.58 | 30:32.03 |
| 16 | Bachir Samira | 73 | 4053 Basel | 1h40:58.96 | 32:36.41 |
| 17 | Rerat Ursula | 70 | 4153 Reinach BL | 1h46:11.42 | 37:48.87 |
| 18 | Morf Doris | 68 | 4402 Frenkendorf | 1h46:37.75 | 38:15.20 |
| 19 | Vogt Silvia | 66 | 4222 Zwingen | 1h54:07.10 | 45:44.55 |
| 20 | Meyer Nicole | 69 | 4222 Zwingen | 1h59:25.04 | 51:02.49 |

10 Meilen Running / W40 / 1955-1964 / 16.09km, 180mHD

| | | | | | |
|---|------------------|----|------------------|------------|---------|
| 1 | Mäder Antoinette | 57 | 2852 Courtetelle | 1h06:13.31 | |
| 2 | Bloch Christa | 63 | 4208 Nunningen | 1h14:24.39 | 8:11.08 |

22.08.2004

Rangliste

| Rg | Name und Vorname | Jahr | | Zeit | Abstand |
|----|----------------------|------|--------------------|------------|----------|
| 3 | Stauffer Sibylle | 58 | 4402 Frenkendorf | 1h15:31.20 | 9:17.89 |
| 4 | Jeger Katja | 64 | 4254 Liesberg-Dorf | 1h19:55.10 | 13:41.79 |
| 5 | Barriopedro Marianne | 58 | 4208 Nunningen | 1h20:47.45 | 14:34.14 |
| 6 | Faude Christa | 63 | 5316 Gippingen | 1h20:50.20 | 14:36.89 |
| 7 | Ugolini Gerda | 60 | 4227 Brislach | 1h21:08.27 | 14:54.96 |
| 8 | Strohmeier Rita | 56 | 4227 Büsserach | 1h22:53.13 | 16:39.82 |
| 9 | Sprunger Isabelle | 61 | 4223 Blauen | 1h23:03.81 | 16:50.50 |
| 10 | Martin Beatrice | 59 | 4464 Maisprach | 1h23:10.92 | 16:57.61 |
| 11 | König Martina | 62 | 3013 Bern | 1h26:48.66 | 20:35.35 |
| 12 | Zuber Anna | 64 | 4147 Aesch | 1h30:46.35 | 24:33.04 |
| 13 | Stampfli Ursula | 61 | 4125 Riehen | 1h31:34.41 | 25:21.10 |
| 14 | Stich Roswitha | 60 | 4245 Kleinlützel | 1h31:49.29 | 25:35.98 |
| 15 | Ruch Susanna | 63 | 4123 Allschwil | 1h33:14.66 | 27:01.35 |
| 16 | Meier Erika | 57 | 4206 Seewen | 1h34:06.43 | 27:53.12 |
| 17 | Huss Isabelle | 57 | F-682 Hésingues | 1h34:07.96 | 27:54.65 |
| 18 | Engesser Esther | 55 | 4451 Wintersingen | 1h35:45.70 | 29:32.39 |
| 19 | Christinck Susanna | 63 | 4132 Muttenz | 1h37:05.51 | 30:52.20 |
| 20 | Leupold Christiane | 61 | 4226 Breitenbach | 1h37:28.46 | 31:15.15 |
| 21 | Gersbach Rita | 56 | 4313 Möhlin | 1h38:12.50 | 31:59.19 |
| 22 | Schoch Michèle | 62 | 4125 Riehen | 1h38:53.71 | 32:40.40 |
| 23 | Steiner Regina | 62 | 4254 Liesberg | 1h41:40.24 | 35:26.93 |
| 24 | Laffer Erika | 59 | 4702 Oensingen | 1h41:47.26 | 35:33.95 |
| 25 | Knoepfli Verena | 56 | 4125 Riehen | 1h48:15.79 | 42:02.48 |
| 26 | Reissbrodt Petra | 59 | 4125 Riehen | 1h50:49.42 | 44:36.11 |
| 27 | Piatti Monica | 55 | 4124 Schönenbuch | 2h04:06.79 | 57:53.48 |

10 Meilen Running / W50 / 1945-1954 / 16.09km, 180mHD

| | | | | | |
|----|---------------------------|----|-----------------------|------------|----------|
| 1 | Rebmann Susi | 52 | 4415 Lausen | 1h15:47.28 | |
| 2 | Zaugg Marianne | 51 | 4058 Basel | 1h25:11.15 | 9:23.87 |
| 3 | Werz Renate, SV Freistett | 47 | D-776 Offenburg | 1h25:30.77 | 9:43.49 |
| 4 | Ebnetter Mona | 53 | 4203 Grellingen | 1h27:42.13 | 11:54.85 |
| 5 | Bitterlin Ruth | 50 | 4226 Breitenbach | 1h27:53.35 | 12:06.07 |
| 6 | Lienhart Hanni | 45 | 4103 Bottmingen | 1h28:34.93 | 12:47.65 |
| 7 | Treier Berti | 53 | 4153 Reinach BL | 1h33:16.60 | 17:29.32 |
| 8 | Kallfass Helga | 52 | D-796 Nieder-Tergenau | 1h35:55.97 | 20:08.69 |
| 9 | Klöck Jolanda | 46 | 4153 Reinach | 1h39:37.05 | 23:49.77 |
| 10 | Pfyffer Tichelli Florence | 49 | 4051 Basel | 1h41:25.42 | 25:38.14 |
| 11 | Lang Ruth | 47 | 4133 Pratteln | 1h46:06.14 | 30:18.86 |

10 Meilen Running / W60 / bis 1944 / 16.09km, 180mHD

| | | | | | |
|---|------------|----|-------------------|------------|--|
| 1 | Brem Doris | 42 | 8125 Zollikerberg | 1h42:07.36 | |
|---|------------|----|-------------------|------------|--|

22.08.2004

Rangliste

| Rg | Name und Vorname | Jahr | | Zeit | Abstand |
|---|--------------------|------|------------------|------------|----------|
| 10 Meilen Walking, Nordic Walking / M-Wa / 16.09km, 180mHD | | | | | |
| 1 | Holzherr Willi | 57 | 4113 Flüh | 1h49:48.68 | |
| 2 | Gysin Andre | 30 | 4402 Frenkendorf | 1h54:45.50 | 4:56.82 |
| 3 | Suter Hansjörg | 51 | 4242 Laufen | 1h56:25.52 | 6:36.84 |
| 4 | Heim Andreas | 64 | 4410 Liestal | 1h58:59.81 | 9:11.13 |
| 5 | Hinderling Felix | 86 | 4244 Röschenz | 2h01:56.43 | 12:07.75 |
| 6 | Kabis-Bucher Erwin | 39 | 4123 Allschwil | 2h03:27.07 | 13:38.39 |
| 7 | Huber Ueli | 59 | 4242 Laufen | 2h03:55.26 | 14:06.58 |
| 8 | Burkhard Heinz | 37 | 4123 Allschwil | 2h04:46.91 | 14:58.23 |
| 9 | Lutz René | 68 | 4242 Laufen | 2h04:50.72 | 15:02.04 |
| 10 | Waldner Rolf | 51 | 4234 Zullwil | 2h05:03.31 | 15:14.63 |
| 11 | Kolb Paul | 49 | 4242 Laufen | 2h07:40.38 | 17:51.70 |
| 12 | Flury Christian | 54 | 4118 Rodersdorf | 2h07:53.39 | 18:04.71 |
| 13 | Schuler Meinrad | | 3600 Thun | 2h11:09.58 | 21:20.90 |
| 14 | Joliat Jean-Louis | 34 | 4125 Riehen | 2h19:40.98 | 29:52.30 |

10 Meilen Walking, Nordic Walking / W-Wa / 16.09km, 180mHD

| | | | | | |
|----|----------------------|----|-------------------|------------|----------|
| 1 | Jermann Dorothée | 44 | 4243 Dittingen | 2h04:49.83 | |
| 2 | Mosimann Susi | 66 | 4227 Büsserach | 2h05:32.85 | 43.02 |
| 3 | Hügli Therese | 57 | 4225 Brislach | 2h06:04.92 | 1:15.09 |
| 4 | Köberl Gertrud | 63 | 4451 Wintersingen | 2h06:48.60 | 1:58.77 |
| 5 | Salathé Bettina | 63 | 4451 Wintersingen | 2h07:57.30 | 3:07.47 |
| 6 | Flury Verena | 56 | 4118 Rodersdorf | 2h08:07.86 | 3:18.03 |
| 7 | Stehli Alice | 51 | 4118 Rodersdorf | 2h08:29.67 | 3:39.84 |
| 8 | Flury Michèle | 78 | 4118 Rodersdorf | 2h09:14.91 | 4:25.08 |
| 9 | Karrer Evelin | 65 | 4228 Erschwil | 2h09:16.98 | 4:27.15 |
| 10 | Hiltbrunner Cornelia | 68 | 4143 Dornach | 2h09:18.39 | 4:28.56 |
| 11 | Meyer Brigitte | 67 | 4106 Therwil | 2h16:28.30 | 11:38.47 |
| 12 | Sauser Heidi | 61 | 4244 Röschenz | 2h16:29.49 | 11:39.66 |
| 13 | Büeler Antonella | 64 | 4144 Hofstetten | 2h17:00.15 | 12:10.32 |
| 14 | Borer Silvia | 75 | 4226 Breitenbach | 2h17:09.69 | 12:19.86 |
| 15 | Schäublin Ada | 53 | 4229 Beinwil | 2h17:56.98 | 13:07.15 |
| 16 | Suter Rita | 56 | 4242 Laufen | 2h17:57.99 | 13:08.16 |
| 17 | Wüthrich Mitsch | 64 | 4442 Diepflingen | 2h19:40.13 | 14:50.30 |
| 18 | Nothofer Jaqueline | 61 | 4442 Diepflingen | 2h19:42.20 | 14:52.37 |
| 19 | Bolinger Maj-Britt | 55 | 4133 Pratteln | 2h20:17.26 | 15:27.43 |
| 20 | Drai Patricia | 62 | 4133 Pratteln | 2h20:18.51 | 15:28.68 |
| 21 | Schacher Liselotte | 51 | 4226 Breitenbach | 2h21:33.45 | 16:43.62 |
| 22 | Kabis-Bucher Regina | 52 | 4123 Allschwil | 2h23:22.60 | 18:32.77 |
| 23 | Naegele Esther | | D-796 Wehr | 2h28:18.26 | 23:28.43 |
| 24 | Iseli Helga | 68 | 4208 Nunningen | 2h28:19.47 | 23:29.64 |
| 25 | Künzli Tanja | 74 | 9470 Buchs | 2h28:21.14 | 23:31.31 |
| 26 | Rossi Franziska | 52 | 1040 Echallens | 2h28:22.99 | 23:33.16 |
| 27 | Weber-Kunz Ruth | 55 | 4052 Basel | 2h28:34.45 | 23:44.62 |

22.08.2004

Rangliste

| Rg | Name und Vorname | Jahr | | Zeit | Abstand |
|----|------------------|------|-----------|------------|----------|
| 28 | Wälti Anne-Rose | 46 | 2500 Biel | 2h32:18.74 | 27:28.91 |

Erlenlauf Running / E-M / bis 1984 / 6.28km, 70mHD

| | | | | | |
|----|-------------------|----|------------------|----------|----------|
| 1 | Lombriser Gabriel | 81 | 4227 Büsserach | 22:01.35 | |
| 2 | Cordasco Michele | 65 | 4436 Oberdorf BL | 22:20.18 | 18.83 |
| 3 | Probst Markus | 78 | 4244 Röschenz | 23:52.53 | 1:51.18 |
| 4 | Schierz Rüdiger | 59 | D-792 Elzach | 24:19.32 | 2:17.97 |
| 5 | Handschin Daniel | 71 | 4450 Sissach | 29:58.68 | 7:57.33 |
| 6 | Bloch Sascha | 72 | 4226 Breitenbach | 31:37.03 | 9:35.68 |
| 7 | Brogle Thomas | 67 | 4242 Laufen | 32:24.31 | 10:22.96 |
| 8 | Christ Markus | 65 | 4227 Büsserach | 33:22.52 | 11:21.17 |
| 9 | Imhof Alexander | 64 | 4242 Laufen | 33:52.15 | 11:50.80 |
| 10 | Häner Theodor | 64 | 4242 Laufen | 34:48.18 | 12:46.83 |
| 11 | Ganz Benjamin | 77 | 4123 Allschwil | 35:07.74 | 13:06.39 |
| 12 | Sies Walter | 53 | 4106 Therwil | 35:52.17 | 13:50.82 |
| 13 | Cueni Stephan | 50 | 4102 Binningen | 36:47.01 | 14:45.66 |
| 14 | Meier Philipp | 57 | 4116 Metzleren | 37:50.74 | 15:49.39 |
| 15 | Segglinger Frank | 70 | 4245 Kleinlützel | 39:54.08 | 17:52.73 |
| 16 | Croll René | 47 | 4242 Laufen | 40:21.71 | 18:20.36 |
| 17 | Jermann Peter | 44 | 4222 Zwingen | 40:32.21 | 18:30.86 |
| 18 | Lantz Raymond | 47 | 4226 Breitenbach | 41:03.46 | 19:02.11 |
| 19 | Steiner Heinrich | 41 | 4125 Riehen | 49:24.54 | 27:23.19 |

Erlenlauf Running / E-W / bis 1984 / 6.28km, 70mHD

| | | | | | |
|----|------------------------|----|------------------|----------|----------|
| 1 | Haefeli Rahel | 82 | 4415 Lausen | 31:59.02 | |
| 2 | Beste Vera | 81 | 4242 Laufen | 32:40.74 | 41.72 |
| 3 | Hänggi Elisabeth | 56 | 4208 Nunningen | 32:50.57 | 51.55 |
| 4 | Saner-Skoda Regula | 61 | 4054 Basel | 33:35.66 | 1:36.64 |
| 5 | Schmidhalter Roswitha | 55 | 4244 Röschenz | 33:37.85 | 1:38.83 |
| 6 | Pernter Sonya | 68 | 4242 Laufen | 34:06.32 | 2:07.30 |
| 7 | Müller Inga | 77 | F-791 Freiburg | 35:26.66 | 3:27.64 |
| 8 | Emmenegger Lilly | 63 | 4106 Therwil | 37:49.47 | 5:50.45 |
| 9 | Schaffter-Dreier Maria | 67 | 4116 Metzleren | 37:50.13 | 5:51.11 |
| 10 | Fuchs Kathrin | 58 | 4132 Muttenz | 38:58.48 | 6:59.46 |
| 11 | Makine Serpil | 77 | F-741 Ambilly | 39:13.01 | 7:13.99 |
| 12 | Räth Rahel | 84 | 4310 Rheinfelden | 40:48.11 | 8:49.09 |
| 13 | Godoy Cintia | 74 | D-791 Freiburg | 41:02.66 | 9:03.64 |
| 14 | Fouradoulas Alma | 44 | 4314 Zeiningen | 41:16.27 | 9:17.25 |
| 15 | Furler Regina | 55 | 4133 Pratteln | 41:23.69 | 9:24.67 |
| 16 | Gugger Laurence | 81 | 4153 Reinach BL | 50:05.00 | 18:05.98 |
| 17 | Kellenberger Teres | 47 | 4132 Muttenz | 50:06.05 | 18:07.03 |
| 18 | Gasche Chantal | 76 | 4566 Oekingen | 52:42.83 | 20:43.81 |
| 19 | Suter Chantale | 80 | 5742 Kölliken | 52:43.58 | 20:44.56 |

22.08.2004

Rangliste

| Rg | Name und Vorname | Jahr | | Zeit | Abstand |
|---|------------------|------|-------------------|----------|----------|
| Erlenlauf Running Jugend / M14 / 1985-1990 / 6.28km, 70mHD | | | | | |
| 1 | Fuchs Philemon | 86 | 4132 Muttenz | 24:11.88 | |
| 2 | Hägler Kaspar | 88 | 4434 Hölstein | 24:38.47 | 26.59 |
| 3 | Lutz Cedric | 88 | 4419 Lupsingen | 24:45.12 | 33.24 |
| 4 | Allemann Jonas | 91 | 4226 Breitenbach | 25:20.85 | 1:08.97 |
| 5 | Lombriser Lukas | 90 | 4227 Büsserach | 27:31.44 | 3:19.56 |
| 6 | Ammann Nathanael | 87 | 4242 Laufen | 28:28.45 | 4:16.57 |
| 7 | von Euw Samuel | 88 | 4142 Münchenstein | 28:48.88 | 4:37.00 |
| 8 | Ammann Raphael | 90 | 4242 Laufen | 30:52.91 | 6:41.03 |
| 9 | Widmer Peter | 85 | 4254 Liesberg | 31:02.24 | 6:50.36 |
| 10 | Stampfli Marco | 90 | 4125 Riehen | 32:52.27 | 8:40.39 |
| 11 | Croll Simon | 88 | 4242 Laufen | 40:21.07 | 16:09.19 |

Erlenlauf Running Jugend / W14 / 1985-1990 / 6.28km, 70mHD

| | | | | | |
|---|-------------------|----|------------------|----------|---------|
| 1 | Hirzel Anina | 87 | 4434 Hölstein | 28:40.04 | |
| 2 | Minder Carmen | 88 | 4431 Bennwil | 28:44.18 | 4.14 |
| 3 | Knobel Marie-Luce | 87 | 4242 Laufen | 33:21.39 | 4:41.35 |
| 4 | Wyss Tanja | 88 | 4226 Breitenbach | 33:26.12 | 4:46.08 |

Erlenlauf Walking, Nordic Walking / E-M-Wa / 6.28km, 70mHD

| | | | | | |
|---|------------------|----|-------------------|------------|----------|
| 1 | Munz Renato | 60 | 4132 Muttenz | 47:09.91 | |
| 2 | Kaszuba Peter | 62 | D-796 Rheinfelden | 47:20.40 | 10.49 |
| 3 | Esposito Eugenio | 63 | 4242 Laufen | 52:01.17 | 4:51.26 |
| 4 | Guillod Claude | 24 | 1202 Genève | 59:31.84 | 12:21.93 |
| 5 | Bernhart Werner | 30 | 4144 Arlesheim | 1h02:37.91 | 15:28.00 |
| 6 | Studer Fridolin | 34 | 4244 Röschenz | 1h02:40.57 | 15:30.66 |
| 7 | Schneider Erich | 33 | 4222 Zwingen | 1h02:41.63 | 15:31.72 |

Erlenlauf Walking, Nordic Walking / E-W-Wa / 6.28km, 70mHD

| | | | | | |
|----|------------------------|----|------------------|----------|----------|
| 1 | Heim Ursula | 61 | 4410 Liestal | 43:45.24 | |
| 2 | Esposito Regula | 62 | 4242 Laufen | 47:19.27 | 3:34.03 |
| 3 | Saladin Cecile | 56 | 4204 Himmelried | 47:36.08 | 3:50.84 |
| 4 | Blatter Conny | 64 | 4227 Büsserach | 47:42.56 | 3:57.32 |
| 5 | Krebs Elske | 46 | 4204 Himmelried | 48:23.07 | 4:37.83 |
| 6 | Fringeli Erika | 64 | 4242 Laufen | 49:38.53 | 5:53.29 |
| 7 | Lombriser Irene | 57 | 8143 Stallikon | 50:10.23 | 6:24.99 |
| 8 | Bucheli Angelika | 56 | 8143 Stallikon | 50:10.71 | 6:25.47 |
| 9 | Gassmann Regina | 46 | 4226 Breitenbach | 50:44.22 | 6:58.98 |
| 10 | Schmidlin Clivia-Laura | 90 | 4242 Laufen | 54:16.39 | 10:31.15 |
| 11 | Schmidlin Brigitte | 58 | 4243 Dittingen | 54:17.94 | 10:32.70 |
| 12 | Walser Brigitte | 62 | 4253 Liesberg | 54:18.78 | 10:33.54 |

22.08.2004

Rangliste

| Rg | Name und Vorname | Jahr | | Zeit | Abstand |
|----|-----------------------|------|----------------|------------|----------|
| 13 | Aeschi Margrith | 58 | 4242 Laufen | 54:19.81 | 10:34.57 |
| 14 | Stebler Yvonne | 61 | 4234 Zullwil | 54:41.14 | 10:55.90 |
| 15 | Frei Lydia | 30 | 4054 Basel | 56:46.47 | 13:01.23 |
| 16 | Meier Ruth | 61 | 4116 Metzleren | 57:12.13 | 13:26.89 |
| 17 | Schellenberg Annegret | 46 | 4416 Bubendorf | 1h00:19.94 | 16:34.70 |

Jugendlauf B / M10 / 1991-1994 / 1.8km, 3 Runden

| | | | | | |
|----|----------------------|----|------------------|---------|---------|
| 1 | Gaugler Mike | 94 | 4146 Hochwald | 6:25.58 | |
| 2 | Sprunger Sandy | 92 | 4223 Blauen | 6:35.73 | 10.15 |
| 3 | Moser Michael | 91 | 4226 Breitenbach | 6:41.68 | 16.10 |
| 4 | Keller Andreas | 91 | 4242 Laufen | 6:56.94 | 31.36 |
| 5 | Hänggi Nino | 91 | 4242 Laufen | 7:05.91 | 40.33 |
| 6 | Kaufmann Amos | 91 | 9496 Balzers | 7:08.54 | 42.96 |
| 7 | Hauenstein Marc | 91 | 4232 Fehren | 7:33.01 | 1:07.43 |
| 8 | Hidber Lars | 94 | 2812 Movelier | 7:33.87 | 1:08.29 |
| 9 | Hidber Cedric | 93 | 2812 Movelier | 7:40.36 | 1:14.78 |
| 10 | Jost Janis | 92 | 4226 Breitenbach | 7:45.58 | 1:20.00 |
| 11 | Grolimund Joel | 94 | 4232 Fehren | 7:46.26 | 1:20.68 |
| 12 | Glatz Tobias | 92 | 4226 Breitenbach | 7:54.28 | 1:28.70 |
| 13 | Meier Hans Jakob | 92 | 8500 Frauenfeld | 8:25.56 | 1:59.98 |
| 14 | Hugenschmidt Nicolas | 93 | 4000 Basel | 8:27.46 | 2:01.88 |
| 15 | Meyer Michael | 92 | 4222 Zwingen | 8:32.06 | 2:06.48 |
| 16 | Räber Matthias | 93 | 4232 Fehren | 8:33.53 | 2:07.95 |
| 17 | Broch Damian | 94 | 4242 Laufen | 8:50.44 | 2:24.86 |
| 18 | Glatz Jonas | 94 | 4226 Breitenbach | 8:51.47 | 2:25.89 |
| 19 | Ammann Daniel | 93 | 4242 Laufen | 9:14.32 | 2:48.74 |
| 20 | Bleuler Simon | 92 | 4232 Fehren | 9:40.97 | 3:15.39 |

Jugendlauf B / W10 / 1991-1994 / 1.8km, 3 Runden

| | | | | | |
|----|---------------------|----|------------------|----------|---------|
| 1 | Gaugler Gina | 93 | 4146 Hochwald | 6:23.32 | |
| 2 | Frei Melanie | 91 | 4325 Schupfart | 6:44.25 | 20.93 |
| 3 | Cordasco Vanessa | 93 | 4436 Oberdorf BL | 7:52.42 | 1:29.10 |
| 4 | Wolleb Julia | 93 | 4232 Fehren | 7:53.20 | 1:29.88 |
| 5 | Isler Ramona | 94 | 4232 Fehren | 7:56.27 | 1:32.95 |
| 6 | Stalder Sandra | 93 | 4232 Fehren | 8:00.64 | 1:37.32 |
| 7 | Meier Sonja | 92 | 4232 Fehren | 8:07.25 | 1:43.93 |
| 8 | Steiner Nadine | 94 | 4242 Laufen | 8:15.20 | 1:51.88 |
| 9 | Ackermann Jamina | 92 | 4232 Fehren | 8:29.74 | 2:06.42 |
| 10 | Stampfli Evelyn | 92 | 4125 Riehen | 8:30.48 | 2:07.16 |
| 11 | Henz Jasmin | 94 | 4242 Laufen | 8:35.87 | 2:12.55 |
| 12 | Katic Katja | 94 | 4232 Fehren | 8:45.27 | 2:21.95 |
| 13 | Ackermann Carmen | 94 | 4232 Fehren | 8:47.92 | 2:24.60 |
| 14 | Fringeli Sabrina | 94 | 4232 Fehren | 10:01.12 | 3:37.80 |
| 15 | Schmidlin Evita-Lea | 94 | 4242 Laufen | 10:13.59 | 3:50.27 |

22.08.2004

Rangliste

| Rg | Name und Vorname | Jahr | | Zeit | Abstand |
|----|------------------|------|-------------|----------|---------|
| 16 | Vögtlin Corinne | 94 | 4232 Fehren | 10:43.27 | 4:19.95 |
| 17 | Arnold Jasmin | 94 | 4232 Fehren | 10:43.78 | 4:20.46 |
| 18 | Straumann Jasmin | 94 | 4232 Fehren | 10:44.55 | 4:21.23 |

Jugendlauf C / M07 / 1995-1997 / 1.3km, 2 Runden

| | | | | | |
|----|--------------------|----|--------------------|---------|---------|
| 1 | Cassan Gianni | 95 | 4223 Blauen | 5:08.50 | |
| 2 | Hunziker Nicolas | 96 | 4227 Büsserach | 5:24.22 | 15.72 |
| 3 | Hunziker Silvio | 96 | 4228 Erschwil | 5:26.23 | 17.73 |
| 4 | Steiner Joel | 95 | 4242 Laufen | 5:37.02 | 28.52 |
| 5 | Degiacomi Andri | 96 | 4242 Laufen | 5:39.11 | 30.61 |
| 6 | Ammann Jeruel | 95 | 4242 Laufen | 5:47.84 | 39.34 |
| 7 | Studer Marco | 96 | 4225 Brislach | 5:53.64 | 45.14 |
| 8 | Meury Samuel | 96 | 4242 Laufen | 5:57.27 | 48.77 |
| 9 | Jermann Damien | 95 | 4242 Laufen | 6:05.06 | 56.56 |
| 10 | Lüthi Max | 97 | 4226 Breitenbach | 6:05.90 | 57.40 |
| 11 | Hiltbrunner Pascal | 97 | 4143 Dornach | 6:06.92 | 58.42 |
| 12 | Troxler Benjamin | 96 | 4246 Wahlen | 6:08.45 | 59.95 |
| 13 | Henz Danjo | 95 | 4242 Laufen | 6:19.53 | 1:11.03 |
| 14 | Borer Gregory | 96 | 4254 Liesberg-Dorf | 6:23.25 | 1:14.75 |
| 15 | Leupold Daniel | 95 | 4226 Breitenbach | 6:29.38 | 1:20.88 |
| 16 | Saner Camille | 97 | 4227 Büsserach | 6:43.16 | 1:34.66 |
| 17 | Vogt David | 96 | 4222 Zwingen | 6:44.86 | 1:36.36 |
| 18 | Meyer Andreas | 96 | 4222 Zwingen | 6:48.44 | 1:39.94 |
| 19 | Bralig Nico | 96 | 4223 Blauen | 7:25.40 | 2:16.90 |

Jugendlauf C / W07 / 1995-1997 / 1.3km, 2 Runden

| | | | | | |
|----|----------------------|----|----------------|---------|---------|
| 1 | Frei Carmen | 95 | 4146 Hochwald | 4:41.51 | |
| 2 | Sprunger Sharon | 95 | 4223 Blauen | 5:40.36 | 58.85 |
| 3 | Wolleb Maja | 95 | 4232 Fehren | 5:41.35 | 59.84 |
| 4 | Saner Fabienne | 95 | 4227 Büsserach | 5:43.49 | 1:01.98 |
| 5 | Hügli Corina | 97 | 4225 Brislach | 5:49.46 | 1:07.95 |
| 6 | Hänggi Carmen | 95 | 4227 Büsserach | 5:49.79 | 1:08.28 |
| 7 | Frei Jasmin | 96 | 4146 Hochwald | 6:04.40 | 1:22.89 |
| 8 | Hiltbrunner Patricia | 95 | 4143 Dornach | 6:07.51 | 1:26.00 |
| 9 | Jermann Vivienne | 97 | 4246 Wahlen | 6:09.82 | 1:28.31 |
| 10 | Strohmeier Mélanie | 96 | 4227 Büsserach | 6:10.37 | 1:28.86 |
| 11 | Jermann Daria | 97 | 4242 Laufen | 6:11.80 | 1:30.29 |
| 12 | Lorenz Selina | 95 | 4125 Riehen | 6:12.54 | 1:31.03 |
| 13 | Weber Anja | 96 | 4242 Laufen | 6:30.56 | 1:49.05 |
| 14 | Stalder Fabienne | 95 | 4232 Fehren | 6:34.17 | 1:52.66 |
| 15 | Schnider Vanessa | 97 | 4246 Wahlen | 6:36.84 | 1:55.33 |
| 16 | Zimmerli Céline | 96 | 4242 Laufen | 6:39.73 | 1:58.22 |
| 17 | Lorenz Vanessa | 97 | 4125 Riehen | 6:50.35 | 2:08.84 |
| 18 | Lemp Alexandra | 97 | 4141 Arlesheim | 7:33.66 | 2:52.15 |

22.08.2004

Rangliste

Jugendlauf Piccolo / 1998 und jünger / 400m, 1 Runde

| | | | | | | |
|----|-------------------|------|------|-------------|---------|---------|
| 1 | Steiner Andrin | 98 | 4242 | Laufen | 1:44.05 | |
| 2 | Flückiger Joel | 98 | 4223 | Blauen | 1:47.57 | 3.52 |
| 3 | Meier Fabian | 98 | 8500 | Frauenfeld | 1:49.92 | 5.87 |
| 4 | Frei Nadine | 98 | 4146 | Hochwald | 1:51.44 | 7.39 |
| 5 | Troxler Milena | 99 | 4246 | Wahlen | 1:56.88 | 12.83 |
| 6 | Glatz Simon | 98 | 4226 | Breitenbach | 1:58.00 | 13.95 |
| 7 | Imhof David | 98 | 4242 | Laufen | 1:59.71 | 15.66 |
| 8 | Meury Michael | 98 | 4242 | Laufen | 2:01.57 | 17.52 |
| 9 | Hügli Patrick | 98 | 4225 | Brislach | 2:03.14 | 19.09 |
| 10 | Bralig Tatjana | 98 | 4223 | Blauen | 2:03.99 | 19.94 |
| 11 | Linder Mirco | 98 | 4245 | Kleinlützel | 2:05.42 | 21.37 |
| 12 | Fringeli Anja | 99 | 4226 | Breitenbach | 2:06.64 | 22.59 |
| 13 | Stalder Gabriel | 98 | 4226 | Breitenbach | 2:07.47 | 23.42 |
| 14 | Hunziker Michèle | 98 | 4227 | Büsserach | 2:10.22 | 26.17 |
| 15 | Covella Luciano | 99 | 4243 | Dittingen | 2:11.64 | 27.59 |
| 16 | Broch Severin | 98 | 4242 | Laufen | 2:12.39 | 28.34 |
| 17 | Strohmeier Selina | 98 | 4227 | Büsserach | 2:15.09 | 31.04 |
| 18 | Borer Carmen | 99 | 4227 | Büsserach | 2:16.29 | 32.24 |
| 19 | Skoda Raphael | 98 | 4054 | Basel | 2:17.08 | 33.03 |
| 20 | Schmidlin Ida-Lin | 2000 | 4242 | Laufen | 2:18.54 | 34.49 |
| 21 | Neyerlin Johanna | 98 | 4242 | Laufen | 2:19.58 | 35.53 |
| 22 | Jermann Noel | 2000 | 4246 | Wahlen | 2:21.29 | 37.24 |
| 23 | Hunziker Anja | 99 | 4228 | Erschwil | 2:22.27 | 38.22 |
| 24 | Weber Andreas | 2000 | 4242 | Laufen | 2:26.01 | 41.96 |
| 25 | Borer Gianluca | 2000 | 4246 | Wahlen | 2:30.54 | 46.49 |
| 26 | Trüssel Dario | 98 | 4246 | Wahlen | 2:32.86 | 48.81 |
| 27 | Linder Jonas | 2000 | 4245 | Kleinlützel | 2:34.32 | 50.27 |
| 28 | Broch Nathan | 2000 | 4242 | Laufen | 2:36.41 | 52.36 |
| 29 | Jermann Loic | 2000 | 4242 | Laufen | 2:43.90 | 59.85 |
| 30 | Walser Pius | 2000 | 4228 | Erschwil | 2:48.21 | 1:04.16 |
| 31 | Steiner Luan | 1 | 4242 | Laufen | 2:59.17 | 1:15.12 |
| 32 | Hübscher Noemi | 2000 | 4054 | Basel | 3:05.49 | 1:21.44 |
| 33 | Lüthi Vera | 2 | 4226 | Breitenbach | 3:16.76 | 1:32.71 |
| 34 | Broch Linus | 2 | 4242 | Laufen | 4:52.35 | 3:08.30 |
